

**Subject:** Clean Sport Update - January 2025



**The British TaekwonDo Council**

Dear Athlete/Athlete Support Person\*

As the National Governing Body for Taekwondo in the UK and subject, as a Sport England System Partner, to the UK Anti-Doping Framework, BTC would advise that the 2025 Prohibited List has been released by the World Anti-Doping Agency (WADA) and came into effect on 1 January 2025.

- The 2025 Prohibited List is available on the WADA website [here](#). The Prohibited List identifies which substances and methods are prohibited at all times, in-competition only, and within specific sports
- All Athletes and Athlete Support Personnel should familiarise themselves with the new changes in advance of them coming into effect on 1 January 2025
- UKAD has also published a summary of the major changes on the UKAD website [here](#)
- Be aware of [Strict Liability](#) – an athlete is solely responsible for any banned substance they use, attempt to use, or that is found in their system, regardless of how it got there and whether or not they had an intention to cheat

If you have any questions on the Prohibited List or a medication you may be using, please contact [substance@ukad.org.uk](mailto:substance@ukad.org.uk). You can also receive further information from our dedicated Anti-Doping Lead, Trevor Nicholls.

Thank you for your attention in this regard.

British Taekwondo Council

*\*Instructor/Coach/Head of Member Organisation*

**This email is sent from The British TaekwonDo Council**

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